## Measurement Tips:

Garment size charts below are just a guide on which size of garment would be suitable for your body. All sizes below are approximations and all measurements displayed are to be used as guidance only.

## Chest

Run a fexible tape measure all the way around your chest just below the armpit.
Be sure to keep the tape measure horizontal for an exact measurement.

## Waist

Wrap the tape measure around the narrowest part of your waist.
Be sure to keep the tape measure horizontal for an exact measurement.

## Adult Size Guide - Measurements are in CM

The size chart below is a 'To Fit' guideline based on body measurements.

| Size | CHEST 1/2 | Length (B) | Waist (D ) | Sleeve Length |
| :---: | :---: | :---: | :---: | :---: |
| XS | 51 | 69 | 51 | 57 |
| S | 53 | 71 | 53 | 60 |
| M | 56 | 74 | 56 | 62 |
| L | 60 | 76 | 60 | 65 |
| XL | 64 | 79 | 64 | 67 |
| 2 XL | 67 | 81 | 67 | 70 |
| $3 X L$ | 71 | 84 | 71 | 72 |

## Youth Size Fuide - Measurements are in CM

The size chart below is a 'To Fit' guideline based on body measurements.

| Size | CHEST 1/2 | Length (B) | Waist (D) | Sleeve Length |
| :---: | :---: | :---: | :---: | :---: |
| XS | 38 | 56 | 38 | 44 |
| S | 40 | 58 | 41 | 47 |
| M | 43 | 61 | 47 | 50 |
| L | 46 | 64 | 50 | 52 |
| XL | 48 | 66 | 55 | 55 |



